

# Healthy Homes Community Resources

FALL/WINTER 2011



## Healthy Homes News

Environmental hazards in the home harm millions of children each year. The Healthy Homes Program addresses multiple childhood diseases and injuries that occur within the home. The program is a coordinated approach to focus on activities in an organized manner, rather than addressing a single hazard at a time.

### Message from the Torrington Area Health District

We hope you find the information located on this website helpful to address health hazards in your home. There are resources available to assist you.

#### What's available on this site:

- **Tips for a healthy home room by room**
- **Financial incentives for property management**
- **Financial assistance for property management**
  - **Contact numbers**



## TIPS BY ROOM

Follow the links to the CDC for tips and actions steps in each area of your home.  
(Hold mouse and Ctrl. while over room name to enter CDC website)



### Attic

Mold, Rodents, Pests



### Basement

Radon, Carbon Monoxide, Toxic Chemicals



### Bathroom

Falls, Drowning, Medicines, Mold



### Bedroom

Fire Hazards, Allergens



### Family/Living Room

Tobacco Smoke, Allergens, Injuries



### Garage

Toxic Chemicals, Carbon Monoxide, Rodents



### Kitchen

Fires, Water, Food Preparation



### Laundry Area

Mold, Toxic Chemicals, Allergens



### Pool

Drowning, Germs



### Stairs

Falls



### Yard

Falls, Pests, Pesticides

## Connecticut Energy Efficiency Fund

Programs that can help to reduce the amount of energy you use, reducing your energy and costs. For additional information on any of these programs please call 1-877- WISE USE (947-3873)

2011 Community and Residential Programs\*

PROGRAM/ELIGIBILITY	LINK TO RESOURCES	INCENTIVE
ENERGY STAR Retail Products/ All residential customers	<a href="#">ENERGY STAR</a>	Retail incentives, special events, consumer education to encourage purchase of ENERGY STAR lighting appliances, and electronic devices
Residential Heating and Cooling/ Residential customers installing or upgrading heating and cooling	<a href="#">High Efficiency HVAC</a>	Rebates for high-efficiency central air conditioning, heat pump, ground source heat pump (geothermal) systems, and heating systems
Home Energy Solutions/Core HES services are available to all residential customers for a small co-pay, income eligible services are available to those that meet income guidelines	<a href="#">Home Energy Solutions</a>	Comprehensive residential in-home weization services, including duct sealing, energy efficient light installation, applicable water heating measures, education. Rebates for insulation and appliance upgrades for core service, (free if income eligible)
Connecticut Housing Investment Fund Loans/All residential customers who meet income guidelines	<a href="#">Low Interest Loans</a>	Low-interest loans for residential energy conservation work
Ductless Split Heat Pumps (DSHP)/Residential customers with electric heating as their primary heat source	<a href="#">Ductless Split Heat Pumps</a>	May qualify for up to \$1000 rebate for DSHP installed in a home which is currently heated by hard-wired, permanent electric resistance heat. Unit must be ENERGY STAR qualified with heating efficiency 10 or greater You may qualify for \$250 rebate on pump with 14.5SEER, 12EER, 8.2HSPF
Heat Pump Water Heaters/All residential customers with electric resistance hot water heating	<a href="#">Heat Pump Water Heater</a>	You may qualify for \$400 rebate for the installation of a heat pump water heater in a home that is heater by ahard-wired permanent electric resistance heat

Multi-Family Program/All residential multi-family or mixed use property owners	<a href="#">Multi-Family Program</a>	Custom offerings for natural gas and electric and electric savings geared towards multi-family projects, including lighting, HVAC, and insulation upgrades
Residential High Efficiency Natural Gas Hot Water Heater Rebate Program/All Residential Customers	<a href="#">Natural Gas Hot Water Heater</a>	You may qualify for a \$300 incentive for installing an energy-efficient indirect water heater attached to a natural gas ENERGY STAR rated boiler, on-demand natural gas fired tankless or heat pump water heater

\*Administered by CL&P, UI, Yankee Gas, CNG & SCG

## Additional Contacts/Resources:

- Torrington Area Health District 860-489-0436 [www.tahd.org](http://www.tahd.org)
- Connecticut Energy Efficiency Fund 1-877-WISE USE (947-3873)
- Connecticut Department of Public Health, Healthy Home website: [www.ct.gov/dph/healthyhomes](http://www.ct.gov/dph/healthyhomes)
- A Healthy home Checklist (From The Surgeon General's Call to Action To Promote Healthy Homes ); <http://www.surgeongeneral.gov/topics/healthyhomes/checklist.pdf>
- US Dept of Housing and Urban Development: Help Yourself to a Healthy Home [http://www.hud.gov/offices/lead/library/hhi/HYHH\\_Booklet.pdf](http://www.hud.gov/offices/lead/library/hhi/HYHH_Booklet.pdf)
- Centers for Disease Control and Prevention: A Healthy Home for Everyone: The Guide for Families and Individuals [http://www.cdc.gov/nceh/lead/publications/Final\\_Companion\\_Piece.pdf](http://www.cdc.gov/nceh/lead/publications/Final_Companion_Piece.pdf)
- Rights and Responsibilities of Landlords and Tenants in Connecticut <http://jud.ct.gov/Publications/hm031.pdf>