Do you need medication assisted treatment?

As part of a recovery plan, a physician may recommend medication treatments such as the use of Vivitrol, Suboxone, Subutex and Methadone. The following may provide assistance with the administration of these medications.

Hartford Dispensary, Torrington ......(860) 482-8387
MCCA, Torrington..............................(860) 482-2613
McCall Center, Torrington ..............(860) 496-2100
Mountainside Treatment Center ......(860) 824-1397
Watkins Network, Torrington.........(860) 482-7242

It may be hard to ask for help, but you’re not alone…

Community Opiate Treatment Resources

A Guide for Patients & Families

(860) 496-6381
Confronting addiction of any kind can be a scary and emotional journey for the individual and their family and friends. We’re glad you are thinking about getting help for yourself or a loved one and would like to support you in that decision. Please remember, treatment does work, and people get better.

Do you need a detox?
Detox facilities are medically monitored programs that provide comfort and counsel while you safely withdraw from drugs and alcohol. If you are chemically dependent, you can seek to enter a detox program that usually lasts five days.

First Step Detox, Bridgeport ..........(203) 416-1915
InterCommunity, Inc, Hartford .......(860) 714-3700
MCCA, Danbury..............................(203) 792-4515
Mountainside Treatment Center, Canaan..............................(860) 824-1397
Rushford, Middletown ..........1 (877) 577-3233
SCRC, New Haven .........................(203) 503-3317
Stonington Institute, N. Stonington ... (860) 535-1010

For a complete detox list, go to
Connecticut.NetworkOfCare.org

Do you need a residential program?
Residential programs usually last for 28 days or more. Patients reside at the facility while receiving group and individual counseling, substance use disorders education and relapse prevention planning.

Blue Hills Hospital, Hartford ........(860) 293-6415
Highwatch, Kent .......................(860) 927-3772
InterCommunity, Inc, Hartford .......(860) 714-3739
MCCA, Danbury .........................(203) 792-4515
McCall Center/Carnes Weeks Program, Torrington ..........................................................(860) 496-2100
Mountainside Treatment Center, Canaan..............................(860) 824-1397
Rushford, Middletown ..........1 (877) 577-3233

Do you need outpatient therapy?
Intensive Outpatient Therapy is a combination of group and individual therapy meetings three times a week for three hours each meeting. Consultation with a psychiatrist is often a part of this treatment. Additional therapy offerings range from one to nine hours per week, and patients continue to reside at home. Other local providers offer individual and group therapy as well.

Authentic Recovery, Torrington ......(860) 805-2267
Charlotte Hungerford Behavioral Health Center, Torrington..............................(860) 496-6350
Greenwoods Counseling, Litchfield ..(860) 567-4437
McCall Center, Torrington .........(860) 496-2100
Mountainside Treatment Center, Canaan..............................(860) 824-1397
Watkins Network, Torrington..........(860) 482-7242

CALL NOW
to speak confidentially with a Certified Case Manager
(860) 496-6381
Monday–Friday, 8:30 a.m.–5 p.m.
During after-hours or weekends, those in need can call a toll-free 24 hour hotline at 1 (888) 447-3339
for assistance from the Mobile Health Team of the Western CT Mental Health Network.