About Us

The Torrington Area Health District provides health services and information to twenty cities, towns and boroughs within the Northwest corner of Connecticut. Our goal is to promote and to protect the physical and environmental well-being of the citizens of the TAHD through direct services, wellness and promotion programs and community efforts.

Contact Us

Phone
860-489-0436 x322

Location
350 Main Street
Torrington, CT 06488

Website
https://www.tahd.org

TORRINGTON AREA HEALTH DISTRICT

MEDICAL RESERVE CORPS

VOLUNTEER PROGRAM
Volunteering: By the Numbers

FROM 2021 TO 2022:

- 82 completed missions
- Over 2500 volunteer hours served
- Over 275 volunteers registered
- Over $76,000.00 saved to re-allocate to other community needs
- $55,000 awarded from national organizations to build the capabilities of the MRC

Our Outreach

Influenza Clinics
PPE Distribution
COVID-19 Clinics
Illness Prevention Efforts
Stop-The-Bleed
CPR/ First Aid
QPR Training
Community outreach
Warming/ cooling shelters during severe weather
Assistance with community events

Medical Reserve Corps Nationally

The Medical Reserve Corps (MRC) is a national network of more than 200,000 volunteers, organized locally to improve the health and safety of their communities. MRC volunteers step up to keep their family, friends, and neighbors safe and healthy.

In Connecticut, MRC counts with 25 units made up of over 5,000 volunteers, grouped into the five Emergency Support Function-8 – Public Health (ESF-8) regions of the state.